

MENU		Selling Price	MENU		Selling Price
Hot Sandwich			11:00 ~ CLOSE		
Avocado Original		430	Muffin		
Avocado, tomato, onion, eaf lettuce, pine nut, mayo, chili sause with a dash of lemon juice.			Banana Muffin		250
Vegetable Sandwich with Additive Free Ham & Cheddar		430	Raspberry & Blueberry Muffin		250
Club sauce, Additive free Ham, cheddar cheese, lettuce, tomato, rucola			Double Chocolate Muffin		250
Chiken and Mozzarella with Aurora Sauce		430	Lemon Muffin		250
Chiken, mozzarella, aurorasauce, tomatosauce, basil, detroit			Green Tea & Beans Muffin		250
Basil Chicken & Mozzarella		480	Marrons Glaces Muffin		250
Chicken, semi dry tomato, yellow pepper, Mozzarella, basil sauce			Sweets		
Hokkaido Island's Salmon & Mashed Potatoes with Home Made Tartar Sauce		480	Earl Grey Chiffon Cake		380
Salmon, Mushed Potatoes, tartarsauce, oliveoil			Chocolate Chiffon Cake		380
			Fromage Raspberry		480
Morning Hot Sandwich			OPEN ~ 11:00		
Ham & Egg		330	Fruit		
Boneless ham, egg salad			Banana		90
Ham & Rucola		330			
Boneless ham, cheddar cheese, rucola, mayo					
Sandwich					
Shrimp & Tomato with Aurora Sauce		340			
Shrimp, aurora sauce, kalamata olives, tomato, leaflettuce, lettuce on Granary.					
Clubhouse		340	Set Menu		
Chicken, tomato, mixed lettuce, bacon and club sauce on Granary.			~ Morning ~		OPEN ~ 10:00
Avocado, Romano & Rucola		340	Bagel Set		390
Avocado, Romano cheese, rucola, tomato, pine nut, basil and mayo on Granary.			Plain Bagel or Today's Bagel + Drink		
Mozzarella Tomato & Basil		340	natural Beat Breakfast		390
Mozzarella, tomato, rucola, pine nuts, basil and mayo on Granary.			Toasted granary or rice bread + Egg Salad + Drink		
Egg & Egg		240	Hot Sandwich Set		490
Granary bread filled with egg mayo.			Hot sandwich + Drink		
BLT (Bacon Lettuce & Tomato)		340	Set Banana Juice + ¥100		
Bacon, lettuce, leaflettuce, tomato, mayo			~ Lunch ~ 11:00 ~ CLOSE		
			Hot Sandwich Set		930/980
			Hot sandwich + Deli or Soup + Drink		
Deli			Sandwich Set		880
Naturalbeat Salad		380	Sandwich + Deli or Soup + Drink		
Lettuce, detroit, asparagus, Romano cheese, onion, mayo and balsamic vinegar			~ Afternoon ~ 11:00 ~ CLOSE		
Penne, Basil & Romano Cheese		380	Cake Set		590
Romano Cheese, pine nuts, basil sauce and olive oil			Chiffon Cake + Drink		
Colorful Vegetables & Dry Tomato Penne		380			
Penne, zucchini, leaflettuce, yellow pepper, onion, prune, dry tomato, garlic					
Soup					
Tomato Clam Chowder with Green Soybean		430(R) / 630 (L)			
Chicken & Mushroom Cream Soup		430(R) / 630 (L)			
Borsch with full of Cabbage		430(R) / 630 (L)			
Barley, Wheat & Vegetables Soup a la Provence		430(R) / 630 (L)			
Ground Beef & Paprika Spicy Soup		430(R) / 630 (L)			
Broccoli & Spinach Green Potage		430(R) / 630 (L)			

* All prices include consumption tax.



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